

HOW TO FIND INFORMATION ON WOMEN'S HEALTH ISSUES

I. SEARCHING THE ONLINE CATALOG

Search the library's online catalog to find the title and location of materials in the library. The link to the online catalog is available from the library web site <http://www.sunysccc.edu/library>. Select **Find Books** and **Find Books in This Library**. Type your keyword in the **Basic Keyword Search** text box and select **Subject** as the field to search. Examples of some specific subject entries that appear in our online catalog are listed below.

abused women
family violence
breast cancer
AIDS (disease)
gynecology
motherhood psychological aspects

women diseases
infertility
women health and hygiene
women nutrition
women psychology
pregnancy

II. REFERENCE BOOKS

The Reference section of the library is located on the 1st floor just beyond the Reference Desk. Some sources include:

<i>Medical Guide to Health After 50</i>	REF RA 777.5 .J635 2005
<i>The New Harvard Guide to Women's Health</i>	REF RA 778 .C2164 2004
<i>Handbook of Addictive Disorders</i>	REF RC 564.15 .H357 2004
<i>Handbook of Eating Disorders and Obesity</i>	REF RC 552.E18 H362 2004
<i>Nutrition and Well Being A-Z</i>	REF RA 784 .N838 2004
<i>The Encyclopedia of Fertility and Infertility</i>	REF RG133.5 .T87 2001
<i>Mayo Clinic Guide to Women's Cancers</i>	REF RC 281 .W65 M29 2005
<i>The Essential Guide to Prescription Drugs</i>	REF RM 301 .15 .R93 2005
<i>The Encyclopedia of Addictive Drugs</i>	REF RM 316 .M555 2002
<i>Zimmerman's Complete Guide to Nonprescription Drugs</i>	REF RM 671.A1 Z55 1993
<i>Mosby's Medical, Nursing and Allied Health Dictionary</i>	REF R 121.M89 1998
<i>The Yale University School of Medicine: Patient's Guide to Medical Testing</i>	REF RC 71.P38 1997
<i>The American Medical Association: Family Medical Guide</i>	REF RC 81.A543 1994
<i>The Encyclopedia of Mental Health</i>	REF RC 437.K34 1993
<i>A Guide to Treatments That Work</i>	REF RC 480.5 G85 1998
<i>The AIDS Dictionary</i>	REF RC 607.A26 W383 1998
<i>Encyclopedia of Childbearing</i>	REF RG 525.E52 1992

III. CIRCULATING BOOKS (including full-text electronic books)

Books that may be checked out with the call numbers PS-Z are on the 1st floor behind the Reference collection, and books with the call numbers A-PR are on the 2nd floor. Most medical and health resources are shelved in the **R** section of the library on the 1st floor. The online catalog also contains links to full-text electronic books. In order to access these books from home you will need to set up a **NetLibrary** account from a computer in the library.

General

*Our Bodies, Ourselves: A New Edition for
A New Era* RA778 .N49 2005
Women's Health and Wellness 2004 RA778 .W66 2003
Health Issues in the Black Community RA448.5.N4 H395 2001

Abuse

*It's My Life Now: Starting Over After an Abusive Relationship or
Domestic Violence* HV6626 .D84 2006
*Healing from the Trauma of Childhood Sexual Abuse: The
Journey for Women* HV6570 .D86 2004
Burned Alive: A Victim of the Law of Men HV6197.P19 S6813 2004
Women Escaping Violence: Empowerment through Narrative HV6626.2 .L39 2001

Abortion

Abortion, Motherhood, and Mental Health Ebook
Abortion: Opposing Viewpoints HQ767.15 .A23 2006
Abortion & Common Sense HQ767 .D59 2002

Alcohol

*Alcoholism, Drug Addiction, and the Road to Recovery:
Life on the Edge* HV5801 .S78 2002
The Female Alcoholic HV5137 .G68 1997
*Over the Influence : the Harm Reduction Guide for Managing
Drugs and Alcohol* RC564.29 .D46 2004
*The Essential Handbook of Treatment and Prevention of
Alcohol Problems* Ebook
Recovery Options: The Complete Guide RC565 .V63 2000

Addiction

*Relapse Prevention: Maintenance Strategies
in the Treatment of Addictive Behaviors* RC564 .R45 2005
The Encyclopedia of Drugs, Alcohol & Addictive Behavior Ebook

AIDS/HIV

Global AIDS Crisis: A Reference Handbook RA643.8 .M36 2004
AIDS Related Cancers and Their Treatment Ebook
*Education and HIV/AIDS: A Sourcebook of HIV/AIDS
Prevention Programs* Ebook
*AIDS & HIV in perspective: A Guide to Understanding the
Virus and Its Consequences* RC607.A26 S3738 1999

Anxiety and Depression

*Understanding and Treating Anxiety
Disorders* RC531 .W64 2005
*Living with Anxiety: A Clinically Tested Step-By-Step Plan
for Drug-Free Management* BF575 .A6 M65 2001
The Prevention of Anxiety and Depression RC531 .P736 2004

Depression

- Understanding Depression* RC537 .K543 2005
Antidepressants RM332 .A5733 2006
Depression in New Mothers: Causes, Consequences, and Treatment Alternatives RG852 .K448 2005
Dealing with Depression: A Commonsense Guide to Mood Disorders RC537 .P375 2005
The Prevention of Anxiety and Depression: Theory, Research, and Practice RC531 .P736 2004
Situating Sadness: Women and Depression in Social Context RC451.4.W6 S62 2003

Attention Deficit Hyperactive Disorder (ADHD)

- Misdiagnosis and Dual Diagnoses of Gifted Children and Adults: ADHD, Bipolar, OCD, Asperger's, Depression, and Other Disorders* RJ507.G55 M57 2005
Survival Tips for Women with AD/HD RC394 .A85 M36 2005

Bipolar Disorder

- Bipolar Disorder: Your Questions Answered* RC516 .H86 2005
Advances in Treatment of Bipolar Disorder RC516 .A365 2005
Surviving Manic Depression: A Manual on Bipolar Disorder for Patients, Families, and Providers RC516 .T67 2002

Breast Cancer

- Breast Cancer* RC280.B8 K37 2000
Bathsheba's Breast: Women, Cancer & History RC280.B8 O465 2002
The Breast Sourcebook Everything You Need to Know About Cancer Detection, Treatment, and Prevention Ebook
Living with Breast Cancer: A Guide for Facilitating Self-Help Groups Ebook

Contraceptives

- Beyond Choice Reproductive Freedom in the 21st Century* Ebook
It's Your Choice: A Personal Guide to Birth Control Methods for Women--and Men Too! RG137 .I87 1982

Cosmetic Surgery

- Cosmetic Surgery* HM636 .C68 2005
Flesh Wounds the Culture of Cosmetic Surgery Ebook

Eating Disorders and Body Image

- Locker Room Diaries: The Naked Truth About Women, Body Image, and Reimagining the "Perfect" Body* HQ1206 .G723 2006
The Truth About Eating Disorders RC552.E18 T78 2005
The Body Myth: Adult Women and the Pressure to be Perfect RC552 .E18 M32 2005
When Dieting Becomes Dangerous: A Guide to Understanding and Treating Anorexia and Bulimia 2003 RC552.B84 M53 2003
Too Fat or Too Thin? : A Reference Guide to Eating Disorders RC552.E18 K356 2003
Anorexia RC552.A5 A5472 2005
Bulimia/Anorexia: The Binge/Purge Cycle and Self-Starvation RC552.B84 B67 2000

Menopause and Hormone Replacement Therapy

<i>The Wisdom of Menopause: Creating Physical and Emotional Health and Healing During the Change</i>	RG186 .N67 2001
<i>Menopause the Natural Way</i>	Ebook
<i>Menopause: Questions You Have</i>	Ebook
<i>Hormone Replacement Therapy Conventional Medicine and Natural Alternatives</i>	Ebook
<i>Dr. Susan Love's Hormone Book: Making Informed Choices About Menopause</i>	RG186 .L68 1997

Nutrition

<i>The American Dietetic Association Complete Food and Nutrition Guide</i>	RA784 .D89 2002
<i>A Guide to Understanding Dietary Supplements</i>	RM258.5 .T354 2003
<i>Nutrition for Women: The Complete Guide</i>	RA784 .S66 1995

Pregnancy and Reproduction

<i>Female Fertility and the Body Fat Connection</i>	RG136 .F755 2002
<i>Obstetrics, Gynaecology, and Women's Health</i>	RG110 .O29 2003
<i>Carrying a Little Extra: A Guide to Healthy Pregnancy for the Plus-Size Woman</i>	RG556 .B454 2003
<i>Reproductive Issues in America: A Reference Handbook</i>	RG133.5 .M47 2003
<i>What to Expect When You're Expecting</i>	RG525 .M87 2002
<i>Childbirth: A Source Book for Conception, Pregnancy, Birth, and the First Weeks of Life</i>	RG525 .H26 1980

Seasonal Affective Disorder

<i>Winter Blues: Everything You Need to Know To Beat Seasonal Affective Disorder</i>	RC545 .R67 2006
--	-----------------

Sexually Transmitted Diseases

<i>Sexually Transmitted Diseases</i>	RC200 .S4952 2001
<i>STD's A Commonsense Guide: Sexually Transmitted Diseases</i>	RC200.2 .C66 1980

IV. ELECTRONIC DATABASES: PERIODICALS AND REFERENCE

Electronic databases may be used to find full-text articles in journals, newspapers, and reference sources like encyclopedias. The electronic databases are available online via the library web site <http://www.sunysccc.edu/library>. Select the link **Find Articles**. Some useful databases that contain health information are:

Health Source: Consumer Ed (EBSCO)
Health & Wellness Resource Center (Gale)
Health Reference Center Academic (Gale)
CINAHL (EBSCO)

Health Source: Nursing/Academic (EBSCO)
MEDLINE (EBSCO)
Virtual Reference Library (Gale)
(select the category Medicine)

V. MEDIA

Media materials are located in the Instructional Technology Center on the 2nd floor. Ask a librarian to help you locate these materials in the online catalog.

VI. INTERNET

The web sites listed below were found by accessing the Librarian's Index to the Internet web site at <http://www.iii.org>. These sites have been evaluated by librarians for their usefulness.

General

Our Bodies Ourselves

<http://www.ourbodiesourselves.org/book/>

MedlinePlus Women's Health Topics

<http://www.nlm.nih.gov/medlineplus/womenshealth.html>

FDA Office of Women's Health

<http://www.fda.gov/womens/pubs.html>

Abortion

National Abortion Federation

<http://www.prochoice.org/>

National Right to Life

<http://www.nrlc.org/>

Abuse

Office on Violence on Women. United States Dept. of Justice

<http://www.usdoj.gov/ovw/>

National Center for Injury Prevention and Control: Sexual Violence

<http://www.cdc.gov/ncipc/factsheets/svoverview.htm>

Birth Control

Family Health International

<http://www.fhi.org/en/Topics/index.htm>

Breast Cancer

Imaginis

<http://www.imaginis.com/>

Breast Feeding

<http://www.breastfeeding.com/>

Cervical Cancer

Medline Plus

<http://www.nlm.nih.gov/medlineplus/cervicalcancer.html>

Childbirth

Postpartum Health Alliance

<http://www.postpartumhealthalliance.org/>

Eating Disorders

National Eating Disorders Association

http://www.edap.org/p.asp?WebPage_ID=337

National Association of Anorexia and Associated Disorders

<http://www.altrue.net/site/anadweb/>

Endometriosis

Endometriosis Association
<http://www.endo-online.org/>

Girls and Young Women

The Center for Young Women's Health
<http://www.youngwomenshealth.org/>
4 Girls Health
<http://www.4girls.gov/>

Infertility

MedlinePlus
<http://www.nlm.nih.gov/medlineplus/infertility.html>

Menopause and Hormone Replacement Therapy

National Cancer Institute
<http://www.cancer.gov/newscenter/estrogenplus>
MedlinePlus
<http://www.nlm.nih.gov/medlineplus/hormonereplacementtherapy.html>

Obstetrics & Gynecology

OBGYN.net
<http://www.obgyn.net/>

Pregnancy

New York Online Access to Health
<http://www.noah-health.org/en/pregnancy/>
PBS Nova: Life's Greatest Miracle
<http://www.pbs.org/wgbh/nova/miracle/>

Reproductive Health

Johns Hopkins University: Reproductive Health Online
<http://www.reproline.jhu.edu/>
Protect Your Fertility
<http://www.protectyourfertility.org/>

Sexually Transmitted Diseases

American Social Health Association
<http://www.ashstd.org/>
Center for Disease Control and Prevention: HIV/AIDS Among Women
<http://www.cdc.gov/hiv/topics/women/resources/factsheets/women.htm>

VII. LIBRARIANS

Reference Librarians will be happy to help you locate materials for your topic in this library and in other libraries. Please ask for assistance at the Reference Desk. You may also **email** or **chat live** with a librarian via the Begley Library web site at <http://www.sunysccc.edu/library>. Select the link **Ask a Librarian**.