

SCHENECTADY COUNTY COMMUNITY COLLEGE HEALTH AND SAFETY UPDATES

OCTOBER 2009

Strengthening Our Culture for Safety.

THE CAMPUS SAFETY COUNCIL continuously reviews and updates the **SCCC Critical Incident Management Plan**. Recommendations to improve and strengthen the safety and security of the campus are submitted by the Council to the President of the College. Feedback and suggestions are always welcome: Please contact: Martha Asselin, Campus Safety Council Chair, Student Services Office, Room 222 E, telephone 381-1336; e-mail: asselimj@sunysccc.edu.

CAMPUS SECURITY

LOCATED IN THE LOBBY (GROUND FLOOR) OF ELSTON HALL OFF OF THE COMMONS AREA

Campus Security can be reached 24/7 by dialing from any College phone extension **1308** or **1309**

Or using a “**red emergency phone**” located on campus.

**From off-campus phone
381-1308 or 381-1309**

Emergency response from local community authorities is reached by dialing **9-1-1**.

**Wednesday, Oct. 14, 6:30 p.m.,
Taylor Auditorium.
H1N1: A View From Our County
Public
Health Department,
presented by
Dr. David Pratt, M.D., M.P.H.,
Schenectady Commissioner of
Public Health Services.
Free and Open to the Public.**



**David S. Pratt, M.D., MPH
Commissioner**

107 Nott Terrace
Schaffer Heights
Schenectady, NY 12308

Emergency Closing Procedures

Classes at SCCC will be held as scheduled UNLESS you hear a radio/TV announcement to the contrary. When the decision to cancel or delay classes is made the College notifies local television and radio stations so announcements can be made. If classes are delayed, a specific start time will be announced. An announcement regarding class cancellation and delays is also provided on the College phone system, **(518) 381-1200** and on www.sunysccc.edu.

In the Event of a Fire

Activate the nearest emergency fire alarm “pull box”. Do not attempt to extinguish the fire yourself. Stay low to the floor while evacuating quickly and calmly. Do not use elevators. Assist others in evacuating.

H1N1 Vaccine Updated

Schenectady County Public Health has received 500 doses of the H1N1 vaccine. This vaccine is in the nasal spray form. Additional doses have been sent to hospitals and federally qualified health centers. Doses will be given to priority groups as recommended by the CDC. More vaccine will be released each week. Individuals in the priority groups should receive the vaccine as soon as it becomes available.

The priority groups are:

- Pregnant women
- Care givers for infants under 6 months of age
- Health care workers
- School age children
- Young adults (25 and over) with underlying medical problems

For additional information about the evolving situation with the H1N1 flu, visit these Web sites:

New York State Health Department:

http://www.health.state.ny.us/diseases/communicable/influenza/seasonal/swine_flu/index.htm

Centers for Disease Control and Prevention: <http://www.cdc.gov>

World Health Organization: <http://www.who.int/>

NY-Alert Emergency Notification

SCCC uses NY-Alert for notification about campus emergencies and personal safety advisories. SCCC considers all members participants; however, participation is voluntary. If you wish **not** to participate in NY-Alert **OR** wish to add other contact information then complete the form on www.sunysccc.edu or notify Student Services, 222 Elston Hall.

SCHENECTADY COUNTY COMMUNITY COLLEGE HEALTH AND SAFETY PROCEDURES

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Symptoms of flu-like illness include a fever of 100 degrees with cough or sore throat. Other symptoms may include tiredness, runny nose, nasal congestion, headache, vomiting and diarrhea. Anyone experiencing these symptoms should self-isolate until symptom-free for at least 24 hours. For most people, the flu can be treated without seeing a doctor, but if your symptoms are severe, you should seek medical attention.



Hand Hygiene Information Online

The American Society for Microbiology maintains a website, www.washup.org that has downloadable educational materials about hand hygiene, as well as results of recent and previous hand washing surveys.

The Soap and Detergent Association has updated hand hygiene-related news and educational materials on its website at www.cleaning101.com/handhygiene and www.itsasnap.org.



What YOU Can Do to Stay Healthy this Flu Season:

- **Stay informed.**
- Both seasonal and H1N1 influenza are spread through respiratory droplets when a person who has the flu coughs and/or sneezes. To reduce your risk:
 - Cover your mouth and nose with a tissue when you sneeze or cough. Dispose of the tissue in a trash receptacle immediately after use.
 - Wash your hands often with soap and water. If soap and water is not available, use alcohol-based hand sanitizers. Rub the sanitizer into your hands until your hands are dry.
 - Do not share eating or drinking utensils.
 - Avoid touching your eyes, nose and mouth. This is now the flu virus enters your body and how you spread the germs to others.
 - Avoid close contact with sick people.
 - Eat a healthy diet and get plenty of sleep.
 - Stay home when you are sick.

Current SUNY Operating Status:

SUNY's Coordinated Response to H1N1

The State University of New York has launched a comprehensive effort to monitor and assist campuses during the fall H1N1 (swine flu) outbreak. System Administration officials are in continuous contact with higher education associations and state and federal agencies for guidance and monitoring. Campuses have been taking precautionary steps to help educate students, faculty and staff regarding the steps they can take to limit the spread of the flu.

The New York State Department of Health (DOH) has set up a hotline for H1N1 (swine flu): **1-800-808-1987** (New York City residents call **311**).

**It's no secret: Safety is everyone's business. Safety is paramount.
If you see something, say something.**